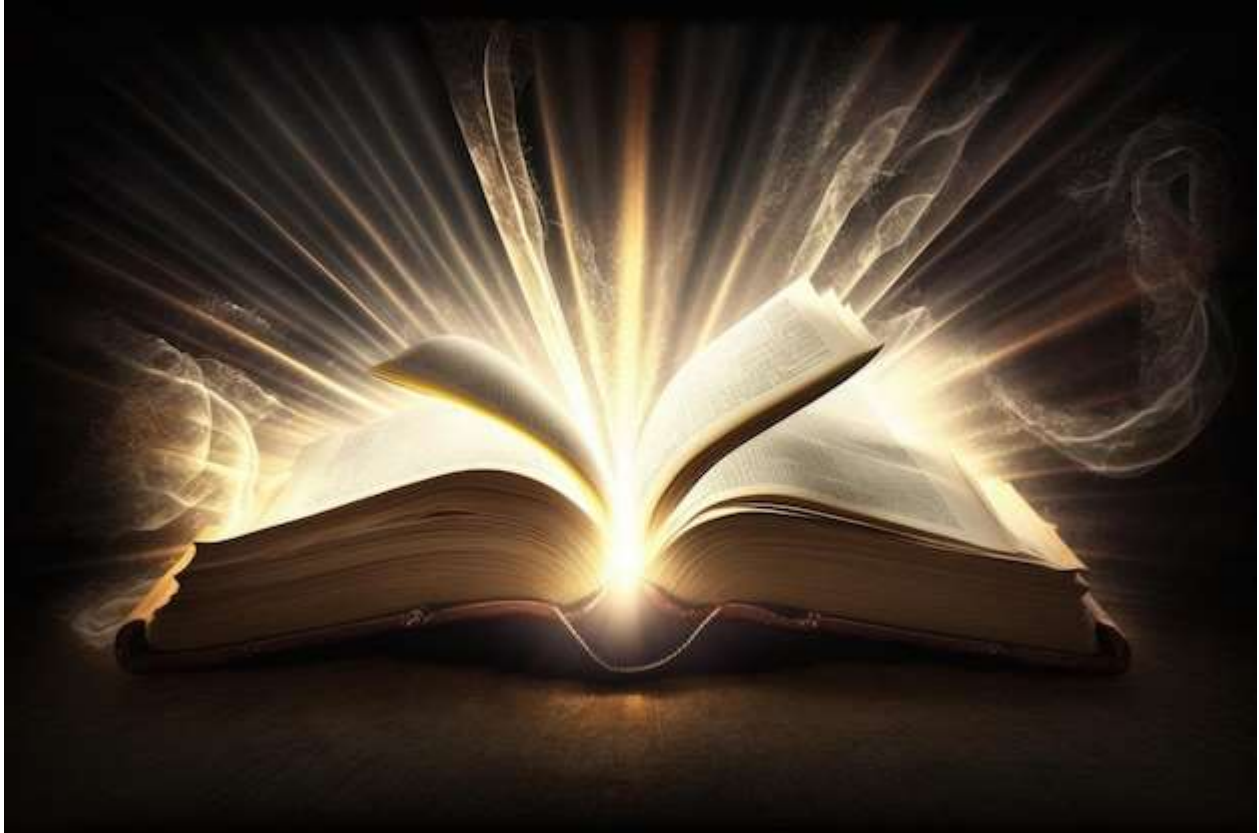


# **St. Patrick's Anglican Church Sunday School**

## **Teacher's Guide**



## **Old Testament**

### **Moses: The Exodus**

Creation of the Material is a Team Effort if you have questions, please get in touch with us at:

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Special Thank you to everyone who has provided encouragement, prayers, and supplies. There would be no Sunday School without you as you provide the base for everything we do.

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## Introduction:

The Student Sunday School curriculum is designed for an Anglican church mixed-age class catering to 1st to 8th-grade students. It consists of separate independent lessons that can be used over a one to two-year cycle, following the Anglican seasons and lectionary.

The lessons cover several topics including Creation, Old Testament Heroes, Bible Stories, and New Testament subjects associated with Anglican seasons such as Christmas, Epiphany, Lent, and Easter, as well as the Parables of Jesus. Additionally, the curriculum covers Anglican basics such as the Saints, the Creeds, and the Sacraments, to provide students with a well-rounded understanding of tradition, scripture, and heritage.

While each lesson can be taught independently, some review may be necessary for students who did not attend the previous week. The Sunday School Lessons are aligned with the Anglican Seasons, including Advent, Christmas, Epiphany, Lent, Easter, Ascension, and Pentecost. Students will also learn how to use and navigate the Bible and the Book of Common Prayer.

## Scripture for Meditation:

<sup>3</sup> By faith we understand that the <sup>[a]</sup>worlds were framed by the word of God so that the things which are seen were not made of things which are visible. — Hebrews 11:3 (NKJV)

“But ask the beasts, and they will teach you;  
the birds of the heavens, and they will tell you;  
or the bushes of the earth, and they will teach you;  
and the fish of the sea will declare to you.  
Who among all these does not know  
that the hand of the Lord has done this?  
In his hand is the life of every living thing  
and the breath of all mankind. — Job 12:7-10 (ESV)

I have utilized the following books and sites if you are looking for additional information:

- Scripture is the New King James Version unless otherwise specified.
- “Lives of the Saints” by Hugo Hoever
- “All Saints” by Robert Ellsberg
- 1928 Book of Common Prayer
- The One Volume Commentary by J.R. Dummelow

## Step by Step Instructions on how to use the Children's Sunday School Lesson Program

Each Lesson has a thematic lesson that follows the liturgical year (Advent, Christmas, Epiphany, Lent, Easter, Pentecost, Ascension, and Trinity Sundays) – users are encouraged to follow the format but are not limited to using them in the outlined order. Within the lessons, the majority are standalone, and self-contained except for the Creation story, Saint Paul, Anglican Boot Camp, and the Christmas program. The lessons are divided into two parts. The first part is for the teacher which includes learning objectives, preparation, and supplies. The second is for the student and includes “Telling a Story”, discussion questions, and a craft activity. To enhance the lesson there are posters, felt board pictures, coloring and worksheets, and a take-home sheet.

### Before Sunday

**Step 1:** Review the theme or study for the upcoming Sunday School Lesson.

**Step 2:** Review the list of materials required for the activity for the upcoming Sunday and ensure all materials are available. Some Sundays have alternative activities, choose which activity you wish to do.

- A well-stocked craft cabinet is a must for Student Sunday School. Including in every lesson you will find a list of items that are recommended to be on hand.
- Colored Markers, colored pencils, crayons, paint, paint brushes, glue (white) or glue stick, scissors, hole punch, tape, googly eyes, small beads, popsicle sticks (small and large), and glitter (these are general materials for each lesson). Additionally, I keep – cardstock, construction paper, foam sheets, felt squares, and yarn all in multiple colors. Reach out to your congregation – I have found that a lot of people do crafts and are more than willing to donate craft materials to Student Sunday School.

**Step 3:** Print copies of the following for the number of students you anticipate in the Sunday School class (Optional).

- Coloring Sheet (there may be more than one page)
- Additional Sheets such as scripture sheets and take-home sheets (if applicable).

### Sunday Morning Preparation– Arrive Early (10-5 minutes)

**Step 4:** Set up a projector and laptop for video, or TV screen. If you do not have access to a projector or TV, print PowerPoint or print the poster for that day or Felt Board items (age dependent).

**Step 5:** Pull out and put together the items needed for the activity and place them on a table or side table.

**Step 6:** Place Coloring/Work Sheets, Scripture Sheets (if applicable), and Take-Home Sheets (if applicable) in a location you can easily access. I usually print extra coloring or worksheets to put in the narthex for those who choose not to attend Sunday School or for others to take home.

### Sunday Morning Arrival

**Step 7:** Greet each student as they arrive.

**Step 8:** Update the Attendance board and add guests.

**Step 9:** Light a Candle (recommended) and say an opening prayer (recommended)

*Dear God, we thank you for everyone gathered here today and ask that you surround us with your powerful, life-changing presence. Thank you for loving each of us and for calling us to walk with you. We come before you as we meet and declare our dependence on you. Be a lamp unto our feet and a light unto our path. Amen.*

**Step 9:** Pledge of Allegiance (recommended)

**Step 10:** Lord's Prayer

# Old Testament: Moses: The Exodus

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## TEACHER'S NOTES

### Learning Objective:

- Even when we think we are unworthy God can use us.
- God will guide us.
- God wants us to be his people.

### Memory Verse: Exodus 3:15

15 Moreover God said to Moses, "Thus you shall say to the children of Israel: 'The Lord God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations.'

### Suggested Items

#### Preparation for Teaching:

- PowerPoint presentation Name – Moses: The Exodus
- Poster – Moses: The Exodus
- Storyboard (based on the age of the group) – Moses: The Exodus
- Bible Reference (Full Bible verses and alternates available at the end of this document if NKJV are not available)  
NKJV: Book Chapter Verse
- NKJV Study Bibles
- 1928 Book of Common Prayer

#### Craft Activity Items:

- Colored Markers, colored pencils, crayons, paint, paint brushes, glue (white) or glue stick, scissors, hole punch, tape, googly eyes, small beads, popsicle sticks (small and large), and glitter (these are general materials for each lesson).
- Primary Activity: Burning Bush Luminary
  - Small Jar
  - Yellow, Red and Orange Tissue Paper
  - Brown Cardstock
  - Battery luminary light
- Alternate Activity: Paper Plate Burning Bush
  - White paper plate
  - Orange and Yellow tissue paper

#### Our Anglican Connection:

- Moses is a key biblical figure and part of our Christian heritage because Jesus fulfills the Law Moses brought down from the mountain. It is no coincidence that when Jesus is transfigured on the mountaintop, Moses and Elijah appear to him. Moses symbolizes the Law and Elijah symbolizes the prophets.

#### Objective:

The purpose of this section is to tell a story to the students. This can be done in one or more ways, but we have defined three options based on your unique teaching style and the age of the students. Some of the options will be better suited for different age groups or mixed age groups. For example: my students range from 9 years to 13 years (too old

for a story/felt board) but still need visual aids. I will use PowerPoint or posters to tell a story. With PowerPoint, I can read or have the students read directly from the screen.

## Teaching Plan:

### Introduction: Telling a Story

- Create a story of the lesson with each item bulleted below,
  - **Moses was probably born in the late 1300s BC in Egypt to Israelite parents,**
  - During this time the Egyptian ruler (pharaoh) kept all the Israelites as slaves.
  - The pharaoh was worried that the Israelites would outnumber the Egyptians and rise up and take over,
  - So, he commanded that all male newborn babies should be killed,
  - Moses' mother who wanted to save Moses put him in a reed basket and floated him down the river where the pharaoh's daughter found him and saved him and raised him in the pharaoh's court,
  - When he was a young man, he saw an Egyptian beating an Israelite and he killed the Egyptian, and fled to a neighboring land,
  - According to the bible he first encounters God at the base of Mount Sinai in a burning bush. God tells Moses to go to the pharaoh to free the Israelites. Moses was hesitant and did not feel he was worthy, but God told him to go.
  - Moses pleaded with the pharaoh to free the Israelites, but he refused. God then punished the Egyptians with Ten Plagues:
    - Water into blood
    - Frogs
    - Lice
    - Flies/Knats
    - Livestock pestilence
    - Boils
    - Hail
    - Locust
    - Darkness
    - Death of firstborn children (what is now called the Passover – because God protected the Israelites from the plague because they marked their doorways with lamb blood.
  - Pharaoh released the Israelites but then changed his mind and sent his army after them.
  - God made a path through the Red Sea for the Israelites to travel through to the other side, but when the army tried to cross, God closed the path and the army was drowned.

### Play PowerPoint or Show Poster: "Moses: The Exodus"

Show PowerPoint (read the outline or story on PowerPoint) or poster and discuss items on the poster.

- Use the following Symbols or Characters
  - 1. Moses
  - 2. Burning Bush
  - 3. Pharaoh
  - 4. plagues

### Story Board (Felt Board): "Moses: The Exodus"

Add the items for today to the Story Board – talk about what each item represents.

- Use the following Symbols or Characters
  - 1. Moses

2. Burning Bush
3. Pharaoh
4. plagues

**Lesson Reflection:**

Provide an opportunity for the students to say back to you what they understood about today's lesson. You can do this by one of the two options below. This is a great opportunity for you to see if they understood the material you presented.

**What Five Things Did I Learn Today?**

What Five Things Did I Learn Today?

Using a chalkboard or whiteboard write these down or have an older student who volunteers write them down.

**Reflection Question(s):**

Discussion Reflection(s): \*use the discussion question that aligns with the direction you are emphasizing.

**Lesson:****Questions:**

1. Where can we find the book of Exodus? *Old Testament and 2<sup>nd</sup> book.*
2. How did God speak to Moses? *Through a burning bush.*
3. What did God want Moses to do? *He wanted him to go to Egypt and free the Israelites from slavery*
4. Did Moses want to go to Egypt? *No, he thought he was unworthy, he wanted his brother Aaron to go.*
5. Did the pharaoh allow the Israelites to go free? *No, his heart was hardened*
6. How did God convince the pharaoh to allow them to go free? *God sent plagues and finally he let them go.*
7. What happened at the Red Sea? *God allowed Moses and the Israelites to go through the Red Sea, but he drowned the Egyptians as they were chasing Moses and the Israelites.*

**Discuss:**

1. How do you think Moses felt when God told him to go and free the slaves in Egypt? *Scared, unsure*
2. Moses thought he was unworthy to speak with the pharaoh. Who did Moses think would do it better? *Aaron his brother*
3. Why do you think God sent the plagues to Egypt? *Warn them and to give them a chance to release the Israelites.*

**Activity: Name****Before Class:**

1. For younger students – cut the bush out and the tissue paper into small pieces.

**During Class:**

1. Cut a bush out of brown construction paper and glue it to the inside of the jar.



2. Using liquid school, glue yellow, orange, and red tissue paper on the outside of the glass jar.
3. You should not be able to see the outline of the bush from the outside.
4. Once the tissue is dry, put a lit tea light in the jar and watch the bush magically appear to be burning without being consumed!



### Alternate Activity: Paper Plate Burning Bush

#### Before Class:

1. For younger students – cut tissue paper into small squares

#### During Class:

1. Cut the paper plate into a bush and paint.
2. Cut the tissue paper into about 1 inch square
3. Glue the tissue paper to the bush as shown below.



#### Preparation for next week:

No preparation is required.



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Moses

Q U A I L C R E D S E A Q U N N N  
H F J V Z Z Q N E V I S M N P D E  
Z W S K T I W L F D S I W B R E P  
D X P D E Z R O N B R N D U O S H  
X R S F H U N I M S A A H R M E A  
I O I H J M Q O T N E I I N I R R  
E W F E O A A R O N L P M I S T A  
X D V W H C M A R T I E I N E O O  
O P C A N A A N U B T N R G D G H  
D W L Q R M A N N A E I A B L W R  
U G X L G O D V V V S N C U A H V  
S R L J P S B E S V V S L S N O W  
E G Y P T E A E M D T U E H D W K  
R N B R E S C P M C W L S V Z U J  
X Y F O O D A C Q H B A E S M L D  
X V U X O U L G O I Q S X N O O M  
P M R N U Q U F D W L D O W Y E Q

- |               |         |              |            |
|---------------|---------|--------------|------------|
| miracles      | exodus  | burning bush | israelites |
| promised land | desert  | egypt        | canaan     |
| sinai         | red sea | quail        | manna      |
| peninsula     |         |              |            |
| Pharaoh       | Aaron   | Moses        |            |

*Moses: The Exodus*



Water turned to blood  
7:19



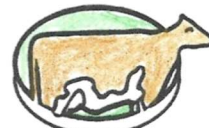
Infestation of frogs  
8:5



Influx of gnats  
8:16



Masses of flies  
8:24



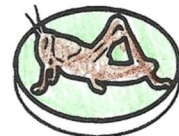
Livestock died  
9:6



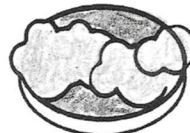
Outbreak of boils  
9:10



Pounding hailstorm  
9:22



Swarms of locusts  
10:12

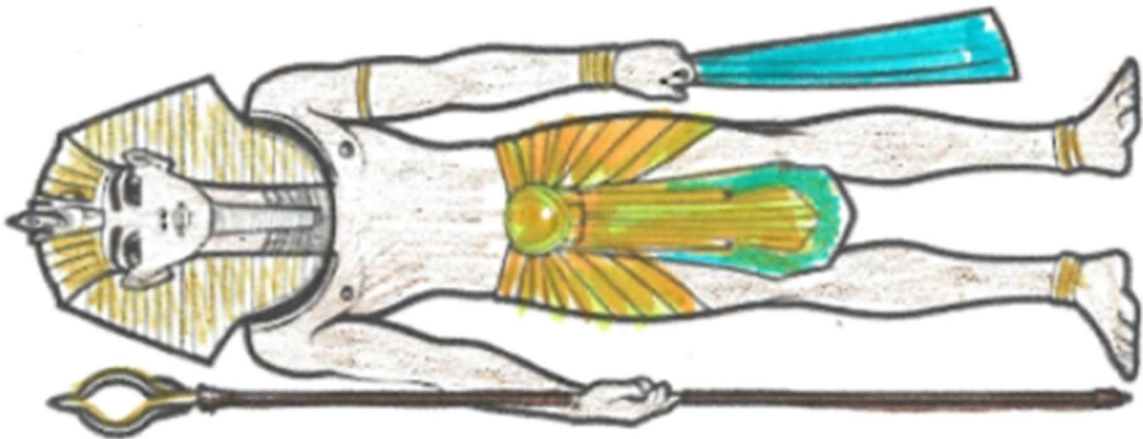


Overwhelming darkness  
10:21



Death of the firstborn  
12:29







**Water turned to blood**  
7:19



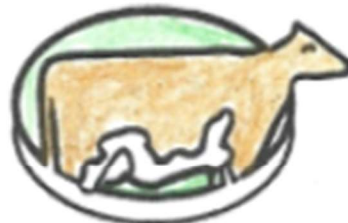
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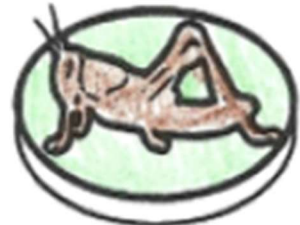
**Livestock died**  
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**Outbreak of boils**  
9:10



**Pounding hailstorm**  
9:22



**Swarms of locusts**  
10:12



**Overwhelming darkness**  
10:21



**Death of the firstborn**  
12:29

**Scripture: Exodus 3: 1-10**

**3** Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian. And he led the flock to the back of the desert, and came to Horeb, the mountain of God. **2** And the Angel of the Lord appeared to him in a flame of fire from the midst of a bush. So he looked, and behold, the bush was burning with fire, but the bush was not consumed. **3** Then Moses said, "I will now turn aside and see this great sight, why the bush does not burn."

**4** So when the Lord saw that he turned aside to look, God called to him from the midst of the bush and said, "Moses, Moses!"

And he said, "Here I am."

**5** Then He said, "Do not draw near this place. Take your sandals off your feet, for the place where you stand *is* holy ground." **6** Moreover He said, "I *am* the God of your father—the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look upon God.

**7** And the Lord said: "I have surely seen the oppression of My people who *are* in Egypt, and have heard their cry because of their taskmasters, for I know their <sup>a</sup>sorrows. **8** So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey, to the place of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites. **9** Now therefore, behold, the cry of the children of Israel has come to Me, and I have also seen the oppression with which the Egyptians oppress them. **10** Come now, therefore, and I will send you to Pharaoh that you may bring My people, the children of Israel, out of Egypt."

**Resource:**

- <https://auntybearsblog.wordpress.com/tag/shavuot-decor/>
- <https://kareninmommyland.blogspot.com/2010/03/moses-and-burning-bush-craft.html>

Moses: The Exodus

1. How did God speak to Moses the first time?
2. What did God ask Moses to do?
3. When Moses went to pharaoh did, he immediately let the Israelites go?
4. How many plagues were there?
5. What was the last plague?

1. How did God speak to Moses the first time?  
*In a burning bush*
2. What did God ask Moses to do? Go to Egypt and tell pharaoh to let the Israelites go.
3. When Moses went to pharaoh did, he immediately let the Israelites go? No
4. How many plagues were there? 10
5. What was the last plague? The first born of every family but the Israelites was killed.

